

GULF POINTE PLAZA



HAPPY LABOR DAY

Labor Day, observed on the first Monday of September, is a U.S. federal holiday dedicated to honoring the contributions and achievements of American workers. The holiday's origins can be traced back to the labor union movement in the late 19th century, advocating for better working conditions and fair treatment during the Industrial Revolution. Today, Labor Day serves as a day of rest and celebration, with families and communities coming together for parades, picnics, and various activities.



GRANDPARENTS DAY

Grandparents hold a special place in the hearts of families, providing a wealth of wisdom, love, and cherished memories. They play a pivotal role in passing down traditions, values, and life experiences to younger generations. Here are some ways grandchildren and grandparents can celebrate Grandparents Day on September 10 together:

- Go to a local park or playground
- Look through old photos or create a scrapbook
- Listen to each other's favorite songs/music
- Draw or make a craft together
- Make a video of them interviewing each other



Indoor Summer Games at Gulf Pointe Plaza

At Gulf Pointe Plaza this past month, we celebrated Indoor Summer Games. Wonderful music from the 40s & 50s like, "Beyond the Sea by Bobby Darin and Fly Me to the Moon by Dinah Washington" were some of the great hits that set the tone for the afternoon. Some of the fun activities were games like Pizza toss, soda bottle ring

toss, Velcro dart toss, and mini golf. Our residents also enjoyed participating in sensory activities such as, coloring workbooks and kinetic sand art. They received tickets for playing each game and redeemed them for various prizes, like stuffed animals, creative coloring books, large print workbooks and vintage toys. Our menu was comprised

of delicious savory chicken salad sandwiches and Salami and mozzarella appetizers, but the sweet lavish mini lemon, butterscotch and banana tarts stole the show. The Indoor Summer games and the wonderful party favors truly brought out energy and youthfulness in our residents. It was a great summer afternoon at Gulf Pointe Plaza.



Indoor Summer Games cont.



HAPPY BIRTHDAY

STAFF

Yvonne	9/7
Kay	9/14
Annalisa	9/14
Melanie	9/20
Lisa V	9/21
Cheryl	9/22
Pam	9/25



WELCOME NEW RESIDENTS

Mr. Ralph R.	Mrs. Janie P.
Mrs. Scarlett H.	Mrs. Nancy B.
Mrs. Betty M.	

RESIDENT OF THE MONTH

Mrs. Billie D.



A Letter from the Administrator

Please join us in congratulating our Gulf Pointe Plaza August STAR of the Month, Lassandra Finney!

Lassandra is originally from East Texas. A CNA for over 20 years, she has lived in Rockport for the last 16 years and has mostly worked at Gulf Pointe Plaza in that timeframe. Lassandra became a CNA because she enjoys working with the elderly.

In her free time Lassandra enjoys cooking and spending time with her family.

Gulf Pointe Plaza is proud to have Lassandra on the team. Her dedication to the residents and her teammates reflects great credit upon herself and are in keeping with the highest standards of Gulf Pointe Plaza and the long-term care industry. Congratulations Lassandra!



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Jessica Zuniga
ASST. DIRECTOR OF NURSING

Kathryn Perley
BUSINESS AND MARKETING REP.

Adrienne Solis
BUSINESS MANAGER

Pam Armentor
MDS COORDINATOR NURSE

Jimmi Vasquez
REHAB DIRECTOR

Corina Esquivel
ACTIVITY DIRECTOR

Betty Baker
DIETARY MANAGER

Ruben Hernandez
MAINTENANCE MANAGER

Debra Mata
HOUSEKEEPING/
LAUNDRY MANAGER

Annalisa Munoz
SOCIAL WORKER



WORD SEARCH Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!

F	B	X	T	C	C	C	Q	U	H	E	A	R	T	F
S	S	A	S	N	M	K	O	S	S	Z	R	N	Y	J
E	Z	Y	L	W	A	H	C	C	I	A	Z	P	K	J
X	P	X	V	A	P	E	J	L	O	B	M	D	M	R
E	E	K	C	O	N	F	I	D	E	N	T	L	I	R
R	A	H	T	Q	Y	C	P	P	F	N	U	J	N	Z
C	C	I	V	U	Y	W	E	S	E	F	K	T	D	U
I	E	C	L	A	B	O	R	R	O	H	R	Z	F	Y
S	D	A	J	B	K	O	A	B	C	F	F	W	U	P
E	U	X	L	I	B	P	K	D	K	B	A	C	L	Y
E	F	Q	U	H	D	F	H	H	G	S	C	L	D	M
D	F	A	G	N	P	R	E	V	E	N	T	U	L	J
P	G	I	A	F	N	J	H	E	A	L	T	H	E	S
R	E	R	P	A	G	I	N	G	Q	J	U	R	E	H
N	G	G	P	D	H	A	R	M	O	N	Y	Z	N	V

WORD LIST

AGING
BALANCE
COCONUT
CONFIDENT
EXERCISE
FALLS
GRANDPARENT
HARMONY
HEALTH
HEART
LABOR
MINDFUL
NEIGHBOR
PEACE
PREVENT