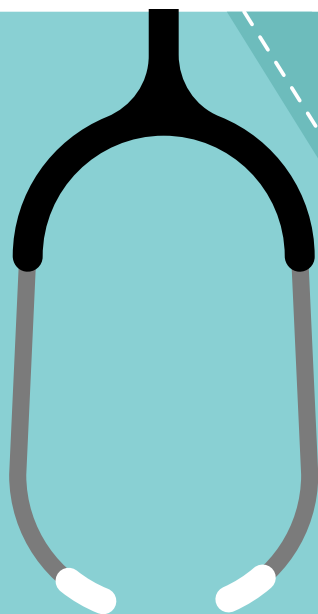


GULF POINTE PLAZA



CELEBRATING THE POWER OF NURSES! NATIONAL NURSES WEEK: MAY 6-12

National Nurses Week is a time to celebrate the incredible impact of nurses and honor the “Mother of Nursing,” Florence Nightingale. The week begins on May 6 and concludes on May 12, her birthday.

The 2025 theme, *The Power of Nurses*, highlights their invaluable contributions and the profound difference they make every day. Nurses provide more than care and medical services—they

bring comfort, security, companionship, and joy to residents and their families. Their dedication enhances lives in countless meaningful ways.

In senior living communities, nurses are the heart of compassionate care. Their skill, kindness, and unwavering commitment create an environment where residents feel safe, supported, and valued. The power of nurses is seen in every comforting word, every healing touch,

and every moment they spend ensuring the well-being of those they serve.

This week, take a moment to show appreciation for the nurses who make a difference. A heartfelt thank-you, a small gift, or a thoughtful gesture can mean so much.

From all of us, we honor and celebrate the remarkable nurses who work tirelessly to help, heal, and uplift others. Your dedication is truly inspiring. Thank you!



HAPPY BIRTHDAY



RESIDENTS

Barbara M	5/02
Carmen S	5/07
Bruce R	5/09
Janis R	5/12
Clemence B	5/20
Mattie J	5/28

STAFF

Adrianna	5/07
Melody	5/13

SPECIAL EVENTS

- 5/9 Mother's Day Floats @ 3:00pm 
- 5/23 Memorial Day Social @ 3:00pm 
- 5/30 End of the Month Birthday Bash @ 2:00pm 

EMPLOYEE OF THE MONTH

Sarah P.



RESIDENT OF THE MONTH

Juanita F



Tapestry of Life

NATIONAL SKILLED NURSING CARE WEEK® | MAY 11 - 17, 2025

The 2025 theme for National Skilled Nursing Care Week (NSNCW), *Tapestry of Life*, celebrates the rich and diverse stories that come together in skilled nursing care. Each resident, family member, caregiver, and staff member contributes a unique thread, woven into a shared fabric of resilience, connection, and compassion. Skilled nursing centers are more than places of care—they are vibrant communities where experiences intertwine, memories are cherished, and lives become forever woven together to make it a thriving community.

Now through May 11–17, families, residents, and staff are encouraged to celebrate this theme by weaving together traditions, experiences, and shared moments. Create a memory display with short reflections on paper strips or build a chain story where each person adds a personal touch to a fun, evolving tale. Share favorite songs, reminisce about concerts, and enjoy a group listening session. Spread kindness through small gestures like painting rocks, writing heartfelt notes, or crafting word clouds. Design a patchwork of fabric, photos, or decorated paper to visually capture the connections that unite us. Coming together for a shared meal can also be a meaningful way to bond—enjoying favorite dishes, exchanging stories, and celebrating the traditions that shape each person's journey.

Established by the American Health Care Association (AHCA) in 1967, NSNCW, formerly known as National Nursing Home Week recognizes the role of skilled nursing care centers in caring for America's seniors and individuals with disabilities.

Happy Mother's Day

Be sure to take a moment on Sunday, May 11 to honor moms, foster moms, surrogate moms, grandmothers, aunts, and the other important women role models in your life. Let her know how much she means to you by calling or video chatting. Take her out to lunch, or enjoy an afternoon together to celebrate and express your gratitude.





HEAT AWARENESS REMINDERS

National Heat Awareness Day is observed annually on the third Friday in May, which is just about when the weather begins to get warm and people start to plan and attend outdoor events. To protect yourself from the heat, try these tips:

Try to avoid direct sunlight. The body regulates heat through sweating. If exposed to excessive heat, the body cannot regulate its temperature effectively.

- **Stay hydrated.** Be sure to drink water throughout the day to help regulate your temperature.

- **Replenish electrolytes.** Electrolytes help the body regulate muscle function and energy. These minerals can be found in sports drinks.
- **Wear sunscreen, sunglasses, and wide-brim hats** to protect your face and eye from damaging UV rays.
- **Wear light-colored clothes.** Light colors reflect sunlight away while dark clothes absorb sunlight.
- **Never leave children, pets, or people in a parked car for any length of time** (even in low to mild heat) to prevent hyperthermia, the overheating of body, which can be fatal.

Source: weather.gov



Therapy Success Story

ADMISSION & TREATMENT:

Mr. W. is a 75 y/o man who admitted to Gulf Pointe Plaza on 3/11/25 and discharged back home on 3/27/25. He was hospitalized

for SOB causing a decline in strength.

The therapy team at Gulf Pointe Plaza evaluated Mr. W. on day one of his stay. He required moderate assistance and was unable to walk 10 feet. He also required moderate assistance for bathing and toileting. His goal was to return home and be independent again. The rehab team at Gulf Pointe Plaza helped make that dream a reality.

AT DISCHARGE:

Following a 16-day stay of skilled nursing and therapy services, Mr. Watson made significant gains with physical therapy by achieving his goal of walking up to 30 feet with supervision assistance! Additionally, he made gains and now completes bathing and toileting tasks independently.

Mr. Watson was successfully discharged home to continue his progress with home health therapy.

It is always a pleasure when a family trusts us with the care of their loved ones! With quality care and client-centered focused goals, Mr. Watson is a true testimonial story of the positive outcomes produced at Gulf Pointe Plaza!

WELCOME NEW RESIDENTS

Paula P.
Chloe O.
Delores B.
Eve B.

Elizabeth H.
Charlene N.
Deborah G.
Martha B.

Gregory W.
Roy C.
Cristina B.
Barbara M.

Sandra V.
Deborah J.
Patricia B.
Sally M.

Lawrence W.
Laura S.
Kenneth D.
Norinne H.

Judith D.
William M.
Jennine L.
Robin R.

Martha R.
Kathryn G.
Montie S.



1008 ENTERPRISE BLVD.
ROCKPORT, TX 78382

Admissions: 361.727.1800
info@gulfpointhe-plaza.com
gulfpointhe-plaza.com

ADMINISTRATIVE STAFF

Michael Higgins
ADMINISTRATOR

Shea Davis
DIRECTOR OF NURSING

Kenneth Davis
ASSIST. DIRECTOR OF NURSING

Kathryn Perley
BUS. DEVELOPMENT DIRECTOR

Caitlin Strahan
ADMISSIONS DIRECTOR

Adrienne Solis
BUSINESS OFFICE MANAGER

Pam Armentor
MDS COORDINATOR NURSE

Jimmi Vasquez
REHAB DIRECTOR

Victoria Tomblin
ACTIVITIES DIRECTOR

Betty Baker
DIETARY MANAGER

TBA
HOUSEKEEPING/
LAUNDRY MANAGER

Ruben Hernandez
MAINTENANCE MANAGER

Griselda Garcia
SOCIAL WORKER

Veronica Medina
PAYROLL/AP/RECEPTIONIST

Sinal Patel
MEDICAL RECORDS/
UNIT MANAGER

Valerie Crane
DIRECTOR OF TALENT & LEARNING

Melody Hayhoff
WOUND CARE NURSE

Cecilia Garcia
HOUSEKEEPING/LAUNDRY SUP.



WORD SEARCH Find and circle the 15 words listed below. Find words straight across, up and down, and diagonally. All words are forwards reading only. No backwards. Good luck!

T	W	C	C	K	K	P	T	P	B	U	K	P	D	G
I	A	E	I	K	C	N	Y	M	V	P	G	F	N	F
V	F	P	U	N	H	E	Y	W	H	T	P	L	K	F
S	E	J	E	K	C	E	L	C	W	F	U	O	Z	B
D	T	R	M	S	W	O	A	E	X	D	K	W	K	R
R	A	R	W	C	T	B	J	T	B	Y	A	E	Y	H
C	H	T	O	P	T	R	I	H	S	R	G	R	T	O
L	N	Z	Y	K	J	K	Y	L	F	B	A	S	I	N
C	P	S	V	I	E	E	Z	V	C	T	F	T	K	O
S	W	O	M	E	N	B	R	E	M	E	M	B	E	R
T	F	T	Y	M	O	T	H	E	R	S	M	C	Y	U
M	M	P	Y	E	F	V	T	N	U	R	S	E	S	G
S	Y	F	R	P	R	E	S	S	U	R	E	W	Q	O
X	G	U	Z	C	O	N	N	E	C	T	C	D	N	V
I	O	P	C	Z	N	Y	C	Q	W	E	A	V	E	I

WORD LIST

CARE
CELEBRATE
CINCO
CONNECT
FLOWERS
HEAT
HONOR
MOTHERS
NURSES
PRESSURE
REMEMBER
STROKE
TAPESTRY
WEAVE
WOMEN